

# SPECIALTY RACKS & CAGES

## UNIQUE RACKS AND CAGES FOR SPECIALTY LIFTING APPLICATIONS.

Legend Fitness offers more than the typical solutions when it comes to weight lifting. We have a variety of specialized lifting racks for specific applications. From squat stands for home gyms to the Monolift for the real heavy-lifters... if you have a unique lifting application, Legend Fitness has a cage or rack to suit your need.

### CHECK OUT MORE LEGEND FITNESS INSTALLATIONS ONLINE.

Visit our website to get a look at corporate wellness centers, health clubs, athletic training centers, private gyms, and other showcases from all over the world. See the showcases featured here and more online at [www.legendfitness.com/showcases](http://www.legendfitness.com/showcases).

War Room  
Tennessee, USA

## 3908 MONOLIFT W/PLATE STORAGE

Exceeds all IPF standards.  
Extra wide, 73-inch lifting area.  
No lower rear crossmember provides more room for the spotter to operate.  
Hooks/hangers easily slide for width adjustment via linear bearings.  
Hangers are constructed from single steel forms that encircle the mounting point.  
Chrome-plated Olympic plate storage pegs are welded through the uprights.  
Upper assembly is fully welded for maximum strength and to ensure proper geometry during assembly.

 Dimensions:  
80 x 95.25 x 103.75 in.

 Shipping Weight:  
1414 lbs.

 Not Compatible  
with Accessories

 Not Insert Platform  
Compatible



## 3907 MONOLIFT

Same as 3908 but without rear plate storage.  
Rear lower crossmember for extra stability.

 Dimensions:  
80 x 95.25 x 103.75 in.

 Shipping Weight:  
1320 lbs.

 Not Compatible  
with Accessories

 Not Insert Platform  
Compatible



Weights and bars sold separately. Cages may be pictured with extra options or accessories.

## 3121-V VARSITY POWER RACK

Inside dimensions measure 46 by 42 inches, with 35-inch safety bars.  
Two-inch hole spacing.  
Each side is a single welded piece for the ultimate in rigidity.  
Fully enclosed cage design for maximum safety.



Dimensions:  
48.6 x 54 x 87.7 in.



2 Inch Square,  
11 Gauge Frame



Not Compatible with  
Accessories



Shipping Weight:  
311 lbs.



Not Insert Platform  
Compatible



## 3230 COMBO CAGE

Two-inch hole spacing graduating to one-inch for loading and spotting.  
Elevated base bars accommodate extra wide sumo stances.  
Each side is a single welded piece for the ultimate in rigidity.  
Removable band pegs for top/bottom of cage.  
Wide grip pull-up bar.



Dimensions:  
49.9 x 68.1 x 86.25 in.



2 Inch Square,  
11 Gauge Frame



Shipping Weight:  
395 lbs.



Not Insert Platform  
Compatible



## 3138 PEG SQUAT RACK

Generous 56 by 42-inch exercise area enhances safety.  
No moving parts.  
Each side is a single welded piece for the ultimate in rigidity.  
Five peg heights from 39½ to 66½ inches high.



Dimensions:  
80.25 x 68.5 x 71 in.



Shipping Weight:  
506 lbs.



Not Insert Platform  
Compatible



3 Inch Square,  
11 Gauge Frame

Not Compatible with  
Accessories



## 7005 SQUAT STANDS

Great for garage gyms.  
Adjustable from 40¼ to 67¼ inches.  
Stable 24 by 18 inch base.  
400 lb. capacity.



Dimensions:  
24 x 18 x 67.25 in.



2 Inch Square,  
11 Gauge Frame



Ships Fully  
Assembled



Shipping Weight:  
76 lbs.



Fully Welded,  
No Frame Fasteners



## 7005-C SQUAT STAND CONNECTOR

Additional stability and safety for the 7005.  
Slides inside the rear feet and secures with wing nuts.

