



PREMIUM PLATE-LOADED
STRENGTH EQUIPMENT BY
**LEGEND
FITNESS**

Part 6011

UNILATERAL LEG EXTENSION/CURL COMBO

Another member of the esteemed LeverEDGE line that provides two exercises in one machine. While seated, the user enjoys unilateral leg extension exercises. Then, while standing and facing the machine, the user stands on the diamondplate platform, rotates the hand grips downward, and performs leg curls with the leading edge of the seat against the thighs. It's the simplest yet most effective way of providing anterior/posterior unilateral leg exercises for athletes and casual users alike.

SIMPLICITY AND DURABILITY

We have refined this design over the years, at times even removing it from the lineup, until we felt we had it right. It's easy to over-design something like this, so we focused on the KISS principle and American-made durability. The frame is a fully welded as we could manage, so it ships fully assembled. Tough yet smooth pillow block bearings, complete with grease fittings, are ready to provide smooth and reliable operation for years and years. The upholstery is marine-grade, stain-resistant, and snugly top stitched with no folded corners. Two-tone upholstery and frame colors are standard.

DESIGNED TO PROVIDE RESULTS

Each lever arm is designed to provide unilateral resistance, that way each leg is on its own and the stronger leg can't compensate for the weaker one. There's also chrome-plated cam plates that provide 15 starting points while facilitating the dual function of the machine. Rotating hand grips provide stability for the leg curl exercises. Each chrome-plated weight peg is nine inches long, which can hold up to six plates for serious athletes.

A MACHINE FOR ALL PEOPLE

One of the design goals was to create a device that could serve people of various sizes. The fully upholstered leg rollers adjust in 1-inch increments (from 16.5 inches to 21.5 inches). The seat back also adjusts in six 1-inch increments and offers several things at once: it allows the user to bring the knee parallel to the lever pivot point while shortening the depth of the seat, but it also adjusts the reach on the hand grips for the curl exercises.



61.5" L
76" W
48" H



380 lbs.
Shipping
Weight



Ships
Fully
Assembled