



PREMIUM PLATE-LOADED  
STRENGTH EQUIPMENT BY  
**LEGEND  
FITNESS**

Part 6007

## UNILATERAL SEATED BICEP CURL

The eighth member of our LeverEDGE line is unlike anything you've ever seen. To our knowledge, the LeverEDGE Unilateral Seated Bicep Curl is the only plate-loaded, unilateral preacher curl machine without any cables, cams, or straps. There is a rigid, direct connection between the user and the weight load throughout each rep. Plus, there is less maintenance and risk. Chrome-plated load pegs and storage pegs finish everything off nicely.

### SIMPLE DESIGN, LONG-LASTING PERFORMANCE

Simplicity was a primary design target. The LeverEDGE Unilateral Seated Bicep Curl is the ultimate in direct energy transfer, smooth action, and reduced maintenance. There are no cables or pulleys to wear out and compromise smoothness. It's all just steel rods and heavy-duty sealed pillow block bearings, so the LeverEDGE Unilateral Seated Bicep Curl will last for years.

### OPTIMAL ERGONOMICS

Since bicep curl machines are all about concentration, we carefully researched seat and arm pad angles to provide an unusually high degree of bicep isolation. The extra wide arm pad and rotating handle grips accommodate wide or neutral grip exercises with plenty of wrist comfort. Unilateral loading and movement prevents the stronger arm from compensating for the weaker one. The seat adjusts in one-inch increments, so users of all heights will be comfortable.

### BUILT LEGEND STRONG

As it turns out, there's a good reason no one else offers a cable-free bicep machine: it wasn't easy to develop. Even with the advantage of 3D CAD software, we went through several prototypes to get the consistent pull we wanted. And we managed to do it at a price point that would still reflect the usual Legend Fitness value. So we have something that represents a remarkable value, yet has more to offer than any other plate-loaded bicep machine. Plus, like all LeverEDGE pieces, a second powder coat color can be selected for the lever arms as a no-cost option. Two-tone upholstery is also standard.



51" L  
67.5" W  
43.75" H



405 lbs.  
Shipping  
Weight



Ships  
Fully  
Assembled