

LEGEND FITNESS®

REAR DELT/PEC FLY COMBO

(Part 942)

- Unilateral , pivoting arms adjust to arm length.
- Dual position hand grips.
- Starting position is adjustable over a 90° range.
- Two pop pins to switch between delts and pecs.



DESCRIPTION

The Rear Delt/Pec Fly Combo is a machine is ready to hit your upper body like nothing else! The arms move independently and pivot, adjusting to individual arm length seamlessly. In addition to pivoting arms the Rear Delt/Pec Fly Combo offers adjustable seat height, making it even easier for users of all statures to use it. The dual position hand grips promote a more specific isolation and reduce wrist torque. The starting position is adjustable over a 90 degree range, making it easy to limit range of motion if you have an existing injury. Work on isolating the pectorals, then move two pop pins and work the delts!

The Rear Delt/Pec Fly Combo is fully welded, like most Legend Fitness machines. The only bolts you'll find on this machine are at the pivot point. This piece ships fully assembled and is as solid as it can be. That means less maintenance, too.

The Rear Delt/Pec Fly Combo features 2:1 reduction. This means that any selected weight will feel lighter by half due to an additional pulley between the user and the weight stack.

WEIGHT STACK INFO

A 150-pound weight stack with 10-pound plates is standard. Upgrades to 200-pound, 250-pound, or 300-pound weight stacks are available, all in 10-pound increments.



41" L
55" W
76.25" H



495 lbs.
Shipping
Weight



Weight
Stack
Upgrade



Ships
Fully
Assembled



2:1
Pulleys
Reduce Effort
by Half