LEGENDFITNESS

BICEP CURL

(Part 908)

- Rubber-coated handles angled for wrist comfort.
- 12.5 x 24.5-inch pad is densely padded and features heavy-duty 32-oz. upholstery.
- Fully welded frame for maximum rigidity and durability.
- Aviation-grade cable.



DESCRIPTION

Never before has bicep training hurt so good! The pin select Bicep Curl machine from Legend Fitness has an engineered cam, which delivers the correct resistance profile to properly train the bicep muscles. The angled handles rotate to allow maximum comfort and change exercise emphasis. The handles also cleverly self-align, so there's no resetting between users or sets. The contoured pad provides stability and proper alignment from start to finish, without pinching. The adjustable seat makes it easy for users of all statures to use the Bicep Curl. And of course, the easily accessible weight stack makes changes between reps quick, for more efficient workouts.

WEIGHT STACK INFO

The Bicep Curl comes standard with a 150-pound weight stack in 10-pound increments. If you desire more weight, 200-pound and 250-pound weight stack upgrades are available, both in 10-pound increments.









