

LEGEND FITNESS®

SEATED ROW

(Part 906)

- Wearguard-protected handle plate.
- Supplied with narrow grip vee-handle.
- Extended-length, top-stitched seat accommodates a wide variety of user heights.
- Thick, chrome-plated foot pegs are elevated to maximize leverage.
- Weight stack upgrades available.
- Glass-reinforced nylon PowerMax pulleys are smooth and prolong cable life.

DESCRIPTION

If you're in need of a stand-alone pin select back blaster, look no further than the Seated Row. Like most Legend Fitness items, the frame is fully welded, so there's no assembly. A fully welded frame also means less maintenance and more rigidity than units with tons of bolts. Steel shrouds cover all the moving parts, while the cable itself is of aviation grade and moves across PowerMax glass-reinforced nylon pulleys that feature shielded bearings. The deep 38.25-inch seat allows users of all heights to find a comfortable starting position, and a chrome-plated foot bar is at the right height to give the right amount of leverage.

WEIGHT STACK INFO

The Seated Row comes supplied with 200 pound weight stack in 10-pound plates. If that's not enough, you can upgrade to 250 or 300 pounds, also in 10-pound increments.



98" L
24" W
89" H



630 lbs.
Shipping
Weight



Weight Stack
Upgrade
Available