

LEGEND FITNESS®

SHOUDLER PRESS

(Part 902)

- 70° seat angle.
- Horizontal and neutral grip positions.
- 15 lb starting lever weight.
- Fully welded frame for maximum rigidity, strength and durability.
- Aviation-grade cabling.
- Glass-reinforced nylon pulleys prolong cable life.

DESCRIPTION

The pin select Shoulder Press from Legend Fitness is your ace in the hole when it comes to shoulder training. It is a masterpiece of design with multiple features developed to reduce strain. Multi-position hand grips help isolate the shoulder muscles, while a counterbalanced lift arm that reduces the start weight to 15 pounds. The exercise position even helps reduce rotator cuff torsion. This kind of attention to detail makes shoulder training what it's supposed to be.

Like most other Legend Fitness products, the Shoulder Press is fully welded for extra strength and stability. It also means there's less maintenance and flex during the exercise.

WEIGHT STACK INFO

Supplied with a 200 pound weight stack in 10-pound increments as standard. 250-pound and 300-pound weight stack upgrades are available, and also come in 10-pound increments.



58.5" L
53" W
74.25" H



610 lbs.
Shipping
Weight



Fully
Welded
Frame



Ships
Fully
Assembled



Weight Stack
Upgrade
Available