

LEGEND FITNESS®

MINI SIT-UP

(Part 3116)

- 30° pad angle.
- Fully upholstered leg rollers.
- Densely padded with heavy-duty 32-oz., top-stitched upholstery.
- Fully welded frame for maximum rigidity, strength and durability.
- Rubber-coated handles for elevated push-ups.
- Grab handle assists in dismounts.

Sit-ups have been around for ages, but there's always room to take them up a level. That is, there's always room when it comes to the Mini Sit-Up from Legend Fitness! Get up off the floor and working on a 30° angle for extra resistance. The contoured pad, upholstered shin rollers, and foam rubber coated handles make crunch time a little more pleasant. Or at least keep you secure while you're working on that six pack. The Mini Sit-Up has a small footprint of just 48 inches by 24 inches, so there's no excuses!



42.75" L
29.75" W
29.75" H



175 lbs.
Shipping
Weight



Fully
Welded
Frame



Ships
Fully
Assembled