SUGGESTED DAILY INSPECTION SCHEDULE

Each machine should be inspected and cleaned daily. The general operation should be checked, and during so the inspector should be looking, feeling, and listening for any abnormal vibrations or noises.

Cables and Pulleys
Cables are wear items, which means the more they are used, the faster they deteriorate. Cables should have the entire length visually checked, with special attention paid to the area going over pulleys and the ends. Cable end fittings should also be inspected. While inspecting the cables, look for cracked or broken nylon coating, kinked cables, or ballooned points—these are signs of damaged cables, which can result in injury. Any machine exhibiting cable damage or wear should be removed from service and the cables should be replaced. Replacement cables can be ordered from Legend Fitness.

During the cable inspection, pulleys should also be looked at. Pulleys should be inspected for surface damage, hairline cracks, and damaged bearings. Excessive noise or vibration during use is an indication of a bad pulley. Machines with bad pulleys should be removed from use and pulleys should be replaced immediately.

Frames
Frames should be inspected for chips in the powder coat finish, cracks, corrosion, and rust. If any of these things are noticed, it is important to take the machine out of service and contact a qualified fitness equipment service technician.

Upholstery
Like cables, upholstery is a wear item; with more use comes more wear. Upholstery should be inspected for tears, rips, and cracks, as these are all signs that the upholstery needs to be replaced. While worn upholstery is not necessarily cause for pulling a machine out of commission, it is recommended as breaches in the upholstery can harbor bacteria or cause scratches to users.
**SUGGESTED DAILY CLEANING ROUTINE**

While inspecting machines, it is important make sure they are clean as well. Sweat and body oils can break down finishes on metals as well as upholstery, and it is best to make sure they are removed daily to ensure your Legend Fitness equipment remains in peak operating shape. It is best to clean machines at the end of the day, during inspection rounds, to make sure potential corrosive materials do not sit overnight.

Frames should be wiped down daily with a damp cloth. If a more thorough cleaning is needed, a mixture of mild dish soap and water can be used. After cleaning, frames should be dried completely using a clean cloth to further prevent corrosion or rust from forming.

Upholstery should be cleaned with a solution that is ten percent mild dish soap and warm water, applied with a damp cloth (or soft bristle brush for more stubborn soiling). Wipe the residue away with a damp cloth and then completely dry with a soft cloth.

**SUGGESTED WEEKLY CLEANING AND MAINTENANCE ROUTINE**

Weekly cleaning should be more thorough than daily cleaning. While doing a more thorough cleaning of your equipment, it also helps to do some regular maintenance as well. A weekly cleaning and maintenance routine will further prolong the life of your Legend Fitness equipment if done correctly.

**Cables and Fasteners**
Cable tension should be checked and adjusted at the movement arm or if necessary. Nuts, bolts, and fasteners should be checked to ensure they are tight. If they need to be tightened, we recommend using Loctite® Threadlocker 242.

**Frames**
Frames should be polished as needed with a good automotive or non-appliance wax, which provides a barrier against corrosive fluids. Avoid using harsh cleaners and chemicals or abrasive materials.

**Upholstery**
While common in gyms, alcohol-based wipes and sprays can accelerate the drying out of upholstery and increase the chances of premature wear and cracking. Use a standard vinyl upholstery cleaner or a lanolin-based hand cleaner, which will help lubricate the Naugahyde and maintain its natural flexibility, which will reduce the chances of cracking. To restore the luster, lightly spray the upholstery with a spray furniture wax and wipe off after 30 seconds using a clean white cloth. Avoid using harsh chemicals that can dry the upholstery or colored cloths which can transfer color.

**Guide Rods and Weight Stacks**
Guide rods should also be cleaned on a weekly basis. Wipe all dust and dirt off with a clean, soft, dry cloth. Spray a silicone- or teflon-based lubricant onto a cloth and wipe the rods. Avoid all oil-based lubricants.

Weight stacks should be wiped down and inspected. Chips in the black coating can occur over time and can be covered using matte black touch up paint or a black permanent marker. If light rust appears on the surface, spray rust remover onto a clean cloth and wipe down the weight stack. If you see cracks in the weights or other damage, put an “Out of Order” sign on the machine and contact Legend Fitness for a replacement weight stack.

**Bearings**
Linear bearings shafts need to be regularly cleaned and lubricated for continued performance and reliability. The shafts should be checked for rust prior to cleaning. If rust is found, remove it with fine sandpaper or steel wool prior to lubricating, and then wipe down the linear rails with a clean, soft, dry cloth. This removes dust, hair, and debris. Once the linear bearing shafts are wiped down, a small amount of silicone- or teflon-based spray lubricant should be sprayed onto a clean cloth. Use the cloth to apply a thin layer of lubricant, being careful to not over apply as too much lubricant can cause grime buildup and hinder machine performance. Dripping or running lubricant is a sign of over application. It may be necessary to have someone slide the carriage up and hold it so that the rods can be coated completely.

Sealed bearing pivot points require no lubrication, but should be wiped with a clean, dry rag to remove dust and dirt buildup. Check movement as well.

**FOR FURTHER ASSISTANCE OR QUESTIONS**

**Replacement Parts**
To order replacement parts, please visit www.legendfitness.com/contact/replacement-parts and fill out the form. A Legend Fitness parts expert will be in touch with you regarding your needs within 72 hours.

**Service Requests**
To request service on your Legend Fitness equipment please visit www.legendfitness.com/service-requests and fill out the form. A Legend Fitness service representative will contact you regarding your service needs within 72 hours.

**Further Questions**
If you are unable to find the answers to your questions, or need further assistance, please contact service@legendfitness.com or call Legend Fitness toll-free at (866) 753-4363 to discuss your concerns with a representative. Legend Fitness representatives can only assist you with questions or concerns relating specifically to Legend Fitness equipment. For other equipment issues, please contact those manufacturers directly.